

# Silymar Capsule

## Liver Protective

### **Composition:**

Each capsule contains  
Silymarin with Milk Thistle standardized extracts 70 mg  
and other ingredients

Ref: Milk Thistle

Bangladesh National Unani Formulary.

Unani Medicine

### **Description:**

Milk Thistle (*Silybum marianum*) seed is a well-regarded liver protectant that also restores the liver's ability to detoxify harmful substances. The liver-protecting and liver-repairing functions are due to two main actions: antioxidant and protein-restoring activities. The antioxidant activity of silymarin (the active constituent of Silymar is several times more powerful than vitamin E. Silymarin prevents toxic and foreign substances from penetrating liver cells by stabilizing the outer membrane of liver cells. The active constituents displace toxins by binding to proteins and receptors on the cell membrane. Silymarin also stimulates protein synthesis so that new liver cells can grow and damaged liver cells can be replaced. Because Silymarin acts mainly on the liver and kidneys, it is an effective antidote against poisonous substances that accumulate in the liver.

### **Indication :**

Hepatitis; both viral and alcoholic, Liverdisorder, Biliary disorder, Jaundice, Cholangitis, Spleen disease, Chronic hepatitis, Liver cirrhosis, Flatulence.

### **Dosage :**

1-2 capsules 2-3 times daily or as directed by the physician.

### **Side effect :**

No side effect or mild laxative effect of Silymar has been observed at occasional instances at recommended dosage. Over dosages may cause excessive sweating, stomachic unrest, nausea, vomiting and diarrhoea.

### **Contraindication :**

No significant contraindication of Silymar have been observed.

### **Drug interaction :**

The contaminant use of Silymarin and Butyrophenones or Phenothiazines results reduction of Lipid Peroxidation. Silymarin functions against Phenytoamine and Yahambine so their combine use with Silymar should avoid.

### **Use in Pregnancy and Lactation :**

No restriction of Silymar is known

### **Presentation :**

10 x 3 = 30 capsules blister in a Box.

**\* Store in a cool and dry place, protected from light.**

**\* Keep all Medicine out of reach of the Children.**

*Further Information is Available on Request From.*



**Neptune Laboratories Ltd.**  
Gazipur-Bangladesh